

JAY DUKE Equestrian

Clinics & Course Design



Mastering Your Eq With Jay Duke!



Jay Duke visited Ardrossan, Alberta, Canada over the weekend to help the riders of Ash-Bren Equine Ltd., improve their equitation, boost their confidence, and develop the skills to put their best foot forward in the show ring.

Two groups participated with intermediate and advanced riders ranging in age from 18 to 55.

Group 1:

- Horses varied from two Arabians competing in show hunter divisions to an off-the-track Thoroughbred stepping up to the 2'9" jumpers

Group 2:

- "A" circuit hunter and jumper riders

Over two days, Jay first focused on straightness on the flat and over fences before moving on to maintaining rideability and consistency of pace and track. With a little polish from Jay, each horse and rider has had a boost of confidence for their next competition.

In Review



"What I love about Jay is his patience and sense of humor. I also like how progressive his lessons are. He starts simple and builds the difficulty to ensure that all riders and horses build confidence and feel successful.

"Jay's focus on equitation is refreshing in a world where 'quick fixes' are becoming the norm and the old, classic way of riding is being tossed aside in favor of jumping bigger and moving up faster."

~ Nicole Herreros
Ash-Bren Equine Ltd.

Winter clinic dates now available!

Jay has extensive first-hand knowledge of the jumping discipline and is available for clinics throughout North America. A range of packages are available, from single to four-day sessions, featuring training that draws on three decades of experience. Each clinic includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.



[More Information on Booking your Jay Duke Clinic](#)

Have you heard about Jay Duke Equestrian's Virtual Lesson Subscription Program?

It's the next best thing to a Jay Duke clinic, and you can subscribe for just \$8 per lesson!

- Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!
- What you get: One lesson per week delivered directly to your e-mail ready to travel straight to the ring with you.
- Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse sport professionals at varying levels. In May, subscribers received a lesson from reigning FEI World Cup champion Beezie Madden!
- Bonus Benefits:** Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc.

Click below to see what recent subscribers received!

JAY DUKE
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TOP FORM GYMNASTIC

Difficulty: Intermediate

Materials:
28 Gallons, 28 poles, Groundlines are horse dependent
No. 68

KEY POINTS

Horse:
Firm

Rider:
Position

LESSONS

Jump Height Variable
Intermediate: Fences #1 and #1. 7. The fence #3 1.0m/1.2m
Advanced: Fences #1 and #1 1.0m Fences #3 1.2m/1.3m

This is a wonderful exercise for working on the form of the horse over fences. Can and caners are excellent for helping a horse to clear the jump safely at the fence. It helps to relax the horse through the back and improve the hind end. The split distance between the jumps get the horse to stay low and push off the lead leg.

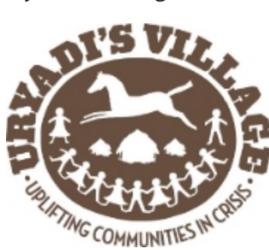
This exercise teaches the horse to walk at the fence and work on the front end form and supports through the back. The landing line adds to the suppleness of the horse.

Also set this up mirror image or reverse it. Ensure the distances are altered when flipping direction.

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A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



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Raising The Bar In Equestrian PR

